Co-curricular Activities

It is the philosophy of Sanborn Regional School District that much of what is valuable about the school experience takes place outside of the traditional classroom. As a district we encourage students to develop and maintain connections to the school community by becoming involved in activities for which they have an interest and/or talent. The district is committed to offering a wide range of activities for all students, recognizing that participation is both voluntary and a privilege. The variety and availability of these programs is something we are proud of and we would like to see all students take advantage of our co-curricular program.

Athletics - Sanborn's athletic program consists of an interscholastic program, which is elective and offered after regular school hours.

<u>Interscholastic:</u> Interscholastic sports are offered in the fall, winter and spring seasons. All contests are played under the New Hampshire Interscholastic Athletic Association (NHIAA) regulations.

The principal must certify all players' eligibility through the school's official eligibility affidavit as filed with the Executive Director of the NHIAA. For eligibility purposes a particular sport's season begins and runs consecutively daily on the starting date for that sport and ends at the awards ceremony or final play-off whichever is later. In order to be eligible to participate in interscholastic athletics, each participant must have a medical statement provided by a physician, dated after January of his or her freshman year, certifying that the student has passed a pre-participation physical examination prior to the beginning of the student athlete's high school athletic career. Any student athlete significantly ill or injured since the last review shall be re-examined by a physician in order to be eligible to participate in interscholastic athletics.

Section 1: Age of Contestants: A student who has reached the age of 20 on or after September 1 may not represent the school in any interscholastic athletic contest during the school year.

Section 2: Post-Graduate and Educationally Handicapped:

- A. No graduate will represent the school in interscholastic athletics.
- B. Special Education Students receiving service under PL 94:142, 89:313, RSA 186:C and related State Board of Education regulations may be declared academically eligible by the principal provided that all other eligibility requirements are met.

Section 3: Scholastic Standing

- A. A Student who is failing any courses during the previous ranking period must be declared eligible by the Principal to be able to participate on any interscholastic team. A student must be full-time to participate in interscholastic sports.
- B. *Summer School* -A student may not regain *athletic* eligibility by making up academic failures of the regular school year during the summer. (Academic appeals should be directed to administration).
- C. *Incompletes* not to be considered passing grades for the purpose of eligibility. *Section 4: Semester Rule* A student is eligible for competition for no more than 8 consecutive semesters beyond the eighth grade whether he/she competes in interscholastic athletics. Athletic participation by seventh and eighth graders does not count toward the 8 allowed semesters. A student may not transfer to another school to increase eligibility.

Section 5: School Attendance Requirements

All student athletes are expected to be present at school, in all of their classes, and on time, in order to participate in practices and games on that day.

Students that are habitually tardy to school may be suspended from athletic participation. Any student that is absent from school, tardy to school, or NOT present in an academic class, may not attend practice or an athletic contest on that day. Exceptions must be authorized by the Athletic Director or an administrator.

<u>Section 6</u>: Travel to and From Events: Every participant is expected to travel to and from each event with the organization he or she is a member of. Exceptions will only be considered upon written request from parent or guardian in advance to the Athletic Director for authorization. Any emergency situation will be dealt with at the time by the coach.

Section 7: Participation

A member of a school team is a student athlete who is regularly present for, and actively participates in, team tryouts, practices and competitions. Bona fide members, as of the first date to practice in that sport as listed in By-Law Article XXXVIII of the NHIAA Handbook, of a school team are prevented from missing a high school practice or competition to compete with an out-of-school team, practice or competition to include tournaments, showcases, combines or other athletic events. Whenever a conflict arises between the high school team practice/competition and an out-of-school practice/competition on the same day, the high school team practice/competition must be honored by the student athlete. Priority must be given at all times to the high school team, its practices, and its contests unless a waiver has been granted by the principal and athletic director. It is expressly understood that waivers shall not be granted on a regular basis and shall only be granted in extraordinary circumstances. (1.2015 CM) Penalties: Any student athlete who violates this rule, unless a waiver has been granted as stated above, for the first time shall be declared ineligible for the next four (4) consecutive interscholastic events or three (3) weeks of a season in which the student athlete is a participant, whichever is greater. This Penalty is effective from the date of his or her last participation in a high school sport. Any student athlete who violates this rule a second time or subsequent time shall be declared ineligible for participation in any high school sport for the balance of the school year.

Attendance Rules:

On the 4th unexcused absence an athlete will be dismissed from the team – This includes things you choose to do. Examples include: dance, driver's education, ski club, concerts, work, etc.

School vacations/holidays – miss a game/sit a game

1 unexcused absence athlete will not play in next contest

2 late or leave early = 1 unexcused absence

1 late to game sits first half

<u>Section 8 – Unsportsmanlike Conduct:</u> The Coaches and Athletic Director expect good sportsmanship and proper behavior at all times. Severe misconduct may result in immediate removal from the team.

Section 9 – *Uniforms and Equipment:* These should be returned in the same condition that they were issued. Students who do not return cleaned uniforms will be billed.

Section 10 – Tobacco/Alcohol/Drugs: Offenses are cumulative throughout a student's high school career.

- A. Tobacco: First Offense One-week suspension or two contests, whichever is greater. Student must show proof of registration in a substance awareness class. Athlete will complete course by date agreed upon by Athletic Director/administration. Second Offense (this is cumulative throughout a student's high school career) Dismissal from athletics for the rest of the season.
- B. Alcohol/Drugs: First Offense Two-week suspension or four contests, whichever is greater. Student must show proof of registration in a substance awareness class. Athlete will complete course by date agreed upon by Athletic Director/administration. Second Offense (this is cumulative throughout a student's high school career) Dismissal from athletics for at least rest of season.

Interscholastic Sports Programs:

Baseball Field Hockey Outdoor Track

BasketballFootballSoftballCheerleadingGolfSoccerCross CountryIndoor TrackTennis

Complaint/Appeal Procedures: The protocol listed should be followed in communication or actions taken with the student/athlete in regards to any situation that arises during the season.

1. Coach > 2. Athletic Director > 3. Principal > 4. Superintendent > 5. School Board

Complaint/Appeal Procedures – The protocol listed below should be followed in communication or actions taken with student/athletes in regards to any situation that arises during the season.	