

Dear Parents,

We are writing to you regarding the process of informing you of your child's lunch balance. An email will be sent weekly, typically on Wednesdays, from the Food Service Director informing you of a low balance and/or negative balance. If a student's lunch balance remains in arrears after notification, parents will receive a call from the school's administrator.

- Per School Board policy, a lunch account balance that falls below \$15.00 is considered low.
- Students with a negative lunch balance will not be allowed to charge A La Carte items separate from a full meal. A La Carte items include, milk, snacks, drinks, additional slices of pizza, or other entrees and sides.
- Middle and high school students may purchase A La Carte items if paid for at the time of purchase of the items.

Purchasing a full meal is less expensive than purchasing A La Carte items. Therefore, it is important that students understand that there are five components to a full meal. They are:

- Meat/meat alternative (protein)
- Grain
- Vegetable
- Fruit
- Dairy

Students who qualify for Free/Reduced lunch **MUST** take three of the five components, with one being a fruit or vegetable, for the meal to qualify as a reimbursable meal. For example, if a student wants just a carton of milk, it is considered an A La Carte item and their account is charged for the cost as it does not qualify as a reimbursable meal. Please see the following examples of non-reimbursable v. reimbursable meals (per National School Lunch Program guidelines):

- Slice of pizza and milk (not considered a full meal) v. **Slice of pizza, vegetable (or a fruit), and milk (considered a full meal)**
- Pasta w/sauce, meatballs, and a roll (not considered a full meal) v. **Pasta w/sauce, meatballs, a roll, and an apple (or a vegetable) (considered a full meal)**

To simplify the payment process and allow parents the ability to see what their child consumes, we encourage you to set up an account at MySchoolBucks.com. You will need to have your child's identification number, which the school can provide to you. Once the account is set up, you may put money on the account using a credit card or you may send in a check made payable to the Sanborn School District Lunch Program (sending cash is discouraged). Please be sure to place the check in an envelope and include your child(ren's) name(s) so that their lunch account is properly credited.

If at any time you have any questions or concerns regarding your child's account or the lunch program, please feel free to contact me.

Respectfully,



Cara Green

Food Service Director – Fresh Picks Café

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