



**SANBORN REGIONAL SCHOOL DISTRICT  
2021-2022 SCHOOL YEAR PLAN**

**Approved by SRSD School Board ♦ August 18, 2021**

## INTRODUCTION

Sanborn Regional School District will have a **five-day a week, in-person schedule** for the 2021-2022 school year. The district will not be offering a remote learning option for the 2021-2022 school year. Families wishing to have students attend remote school will need to enroll their children in VLACS or homeschool them.

While we are planning to have school look as “normal” as possible, there are still some practices we will be following to ensure health and safety for all students, staff and families.

| KEY ELEMENTS OF THE 2021-2022 SCHOOL YEAR     |  |
|---|--|
| Communication & Emergency Contact Information | All parents will be required to update their child’s emergency and health information at the start of the year. Parents will be expected to pick up their children when it is deemed necessary.  |
| Student Health Screening                      | Parents/guardians should be screening their children for <a href="#">symptoms of COVID-19</a> or risk factors for exposure before sending them to school. Students with any identifiable symptoms or risk factors shall not be sent to school. <b>Any student with even mild symptoms of COVID-19 must stay home and get tested for COVID-19.</b> Test results must be shared with the school nurse or school principal.<br><br>SRSD will also be offering testing for students at school if they arrive at the nurse showing symptoms of COVID, using the BinaxNOW Antigen Test. Permission to administer a test will be required from parent/guardian. |
| Isolation Measures                            | Each Sanborn school will have a designated room or area that may be used for the purpose of isolating a student exhibiting <a href="#">symptoms of COVID</a> . As required by the requirements of the <a href="#">NH Department of Health and Human Service</a> , any person with suspect or confirmed COVID-19 will be reported immediately to the Department of Public Health. Students suspected of having COVID-19 symptoms must be picked up by a parent/guardian (or designee), and will not be allowed to utilize district buses to return home.  |
| Student Transportation                        | Students riding buses will practice social distancing. Students are encouraged not to carpool. Students will sit with family members or other students from their bus stop and will be given assigned seats. All students, riders, and drivers are required to wear a mask while riding a school bus <a href="#">per federal guidelines</a> .  |
| Students and Staff Health Procedures          | For all staff and students: masks are recommended. Mask breaks for those wearing masks will be at various points during the day, including lunch and recess. Please see <a href="#">Acceptable Masks/Face Coverings</a> on page 4 for details on acceptable masks at SRSD.   |
| Classrooms & Instructional Spaces             | Classrooms will be arranged to accommodate social distancing of 3 feet. Lunches will have social distancing. Students will have assigned seating.  |
| Visitors                                      | Parents and visitors will be permitted in the building and are required to wear masks during transitions from one location to another. Masks may be required in meetings as well.  |

|   |  |
|---|--|
| <p><b>Hygiene &amp; Cleaning</b></p>                          | <p>Staff and students will practice proper hygiene by washing hands often with soap and water for at least 20 seconds. When soap and water are not readily available, hand sanitizer with at least 60% alcohol content will be provided for use in all classrooms and instructional areas. Personal items will not be shared. Instructional material sharing will be limited and cleaned if shared.</p> <p>Disinfectants that kill COVID-19 will be used to clean. If a person with COVID-19 was in the school within the last 24 hours, we will clean AND disinfect the spaces the person was in contact with. All water bubblers will be closed. Staff and students will be able to fill water bottles at the filling stations located throughout the building.</p>  |
| <p><b>Student &amp; Family Social-Emotional Needs</b></p>     | <p>We recognize that the return to learning in the building is apt to bring a variety of emotions for students and faculty. In addition, we acknowledge how long it takes to establish a sense of safety and ‘normalcy’ will be different for everyone. In order to support the needs of our students and faculty, the schools will be implementing these strategies:</p> <ul style="list-style-type: none"> <li>• Students will continue to have morning meeting, advisory or other check-ins regularly</li> <li>• School counselors will continue to work with students individually as well as in small groups</li> <li>• School counselors will work with staff to deliver a social emotional curriculum that address a variety of needs and skills including social awareness, relationship skills, self-management, responsible decision-making and self-awareness</li> <li>• School counselors will work with staff to identify and support students who might be affected by trauma and grief as well as students who might be at risk for more significant mental health issues</li> <li>• Faculty will continue to receive professional development and other wellness activities as established with the district nursing and counseling staff</li> </ul> |
| <p><b>Field Trips, Events &amp; Outside Organizations</b></p> | <p>In-school group events, such as assemblies, performances, school-wide parent meetings or other large gatherings will only take place in-person if social distancing requirements can be met. Field trips will be limited.</p> <p>Building use by outside groups will be limited.</p>  |
| <p><b>Athletics &amp; After School Activities</b></p>         | <p>The Athletic Director will be updating participating students and their families on a regular basis with regards to plans around athletics at Sanborn.</p> <p>After-school activities will be conducted by building in accordance with any guidance from NH DHHS or the CDC.</p>  |

**Responding to Positive COVID Tests**

If the District learns of a student or staff member who has tested positive for COVID-19, the District will work with local health officials who will support the District in notifications and contact tracing. In accordance with state and local laws and [regulations](#), the District will notify other appropriate staff while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA) and Health Insurance Portability and Accountability Act of 1996 (HIPPA).

**Students or staff who have tested positive for COVID-19 must still isolate at home until they have met [Criteria for ending Isolation](#).**

## Acceptable Masks/Face Coverings

### DO choose masks that



Have two or more layers of washable, breathable fabric




Completely cover your nose and mouth




Fit snugly against the sides of your face and don't have gaps


### DO NOT choose masks that



Are made of fabric that makes it hard to breathe, for example, vinyl



Have exhalation valves or vents, which allow virus particles to escape



Are intended for healthcare workers, including N95 respirators or surgical masks

**Sanborn Regional School District does not permit bandanas, gaiters, or masks with exhalation valves to be worn by students, staff members or visitors at our schools.**

### Preventative Strategies to Stay Healthy

Together, with you, we will teach and promote all students to:

- Frequently wash their hands. Hand washing for 20 seconds with soap and water, or using hand sanitizer that contains at least 60% alcohol, is the best way to reduce the spread of germs.
- Cover coughs and sneezes with a tissue or their elbow. And to wash their hands or use hand sanitizer once they discard of the tissue.
- Not to share personal items such as drinks, food or water bottles.
- Practice social distancing by maintaining at least 3 feet between people when outside their home.
- Properly wear a cloth face covering that covers their mouth and nose to protect others when in public areas.
- Avoid touching their eyes, nose, or mouth with unwashed hands.

## Staying Healthy During COVID-19

### COVID-19 Symptoms

COVID-19 is most commonly spread through respiratory droplets when an infected person talks, coughs, sneezes or sings. We ask for your support to take the following precautions, per [NH DHHS](#), to prevent the spread of the disease:

- Know the **symptoms of COVID-19**:
  - Fever/chills (measured 100.4F)
  - Cough
  - Shortness of breath or difficulty breathing
  - Sore throat
  - Runny nose or nasal congestion
  - Muscle or body aches
  - Fatigue
  - Headache
  - New loss of taste or smell
  - Nausea or vomiting
  - Diarrhea
  
- Please do not send your child to school if they have:
  - Any new or unexplained symptoms of COVID-19 (listed above); this includes even mild symptoms. Please report this to the school nurse.
  - Shared a household (temporarily or permanently) with someone who has been diagnosed with COVID-19 in the prior 14 days.
  - International or cruise ship travel in the last 10 days. More information on travel quarantine can be found [here](#).

### MONITORING HEALTH AND WELLNESS

As a school community we ask for your support to take the following precaution to prevent the spread of the disease:

1. Keep sick children home and report their illness to the school nurse if your child has a fever or is not feeling well.
2. If your student develops any of the symptoms listed above during the school day, and you have given permission for them to receive a BinaxNOW Antigen test, the school nurse will administer the test provided the District has test available. A positive result, or inability to conduct a test at school, will require parents/guardians to come school to pick up their child. Students with symptoms or a positive test result will be isolated under supervision of the nurse and will not be allowed to take school transportation home.
3. Prior to arriving to school, please screen your student for:
  - a. Any **new or unexplained** [symptoms of COVID-19 \(listed above\)](#); this includes even mild symptoms.
  - b. Close contact with someone who has confirmed to have COVID-19 in the prior 14 days.
4. Any person with new or unexplained symptoms of COVID-19 **will be excluded from school**, and instructed to isolate at home and seek COVID-19 testing.

### Criteria for ending Isolation

**Students or staff who have tested positive for COVID-19** can be allowed to return to school when ONE of the following conditions are met:

- A. Person receives an FDA-approved COVID-19 test that is negative, AND the person's symptoms are improving and they are fever-free for at least 24 hours off any fever-reducing medications.  
Approved tests include:
  - A PCR-based molecular test
  - Antigen testing conducted within an appropriate number of days since symptom onset
- B. Person has met CDC criteria for ending of home isolation (i.e., if person is not tested, they are managed assuming they have COVID-19).

**Close household contacts** of someone diagnosed with COVID-19 will be required to quarantine (e.g., people living or sleeping in the same household). **Non-household contacts** will be asked to self-observe and monitor for symptoms.

## DECISION GRIDS

The grids below show the criteria that will be considered when making decisions regarding SRSD's response to COVID-19.

| DECISION GRID<br>(TABLE B) |        | LEVEL OF COMMUNITY TRANSMISSION <sup>4</sup><br>(TABLE A) |                                       |                      |
|----------------------------|--------|---|---------------------------------------|----------------------|
|                            |        | MINIMAL   | MODERATE                              | SUBSTANTIAL          |
| LEVEL OF SCHOOL IMPACT     | LOW    | No Masks<br>No Distancing                                 | Emphasis on Sanborn Data <sup>6</sup> | Masks and Distancing |
|                            | MEDIUM | No Masks<br>No Distancing <sup>5</sup>                    | Emphasis on Sanborn Data <sup>6</sup> | Masks and Distancing |
|                            | HIGH   | Emphasis on Sanborn Data <sup>6</sup>                     | Primarily Remote                      | Primarily Remote     |

**TABLE A – COMMUNITY TRANSMISSION**

| CRITERIA   | LEVEL OF COMMUNITY TRANSMISSION |          |             |
|--|---------------------------------|----------|-------------|
|  | MINIMAL                         | MODERATE | SUBSTANTIAL |
| New – Sanborn District Towns – COVID19 PCR test positivity as a 7 day average    | <5%                             | 5-10%    | >10%        |
| New – Sanborn District Towns – New Infections per 100,000 over the prior 14 days | <50                             | 50-100   | >100        |
| Rockingham County - COVID19 PCR test positivity as a 7 day average               | <5%                             | 5-10%    | >10%        |
| Rockingham County - New Infections per 100,000 over the prior 14 days            | <50                             | 50-100   | >100        |

**TABLE B – SCHOOL IMPACT**


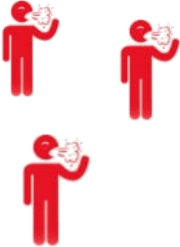
| CRITERIA                    | LEVEL OF SCHOOL IMPACT <sup>1</sup>  |  |   |
|-----------------------------|--|--|---|
|                             | LOW  | MEDIUM                                 | HIGH  |
| Transmission within schools | Zero or sporadic cases with no evidence of transmission within the schools | One cluster <sup>2</sup> in the school | Two or more unrelated clusters <sup>2</sup> in the school |
| Student absenteeism         | <15%   | 15-30 %                                | >30%  |
| Staff capacity <sup>3</sup> | Normal   | Strained                               | Critical  |

**Notes:**



1. Level of School Impact is determined by the three identified criteria – transmission rate within the school, student absenteeism, and the staff's capacity to conduct classes and school operations.
2. A cluster is defined as 3 or more individuals confirmed with COVID-19 who are part of a related group of individuals (e.g. a classroom) who had the potential to transmit infection to each other through close contact within the last 14 days. Two or more clusters are defined as those with onset (based on source case symptom onset dates) within 14 days of each other.
3. Staff capacity includes a school's ability to maintain adequate staff for facility operations, transportation, teaching, and administrative functions.
4. Level of Community Transmission is determined by PCR test positivity as a 7-day average and new infections over 14 days per 100,000 individuals. All are determined at the county level and not the community level since Sanborn sending towns are relatively small and within Rockingham County. The level of community transmission will not be a single determining decision-making variable. Rather, it will be used in conjunction with school impact and positive test rates.
5. A medium level of school impact does not necessarily mean that masks and physical distancing is required. It depends on the type of school impact and will be determined by administration in conjunction with public health officers.
6. "Emphasis on local data" means that decisions about increasing safety measures including masks and distancing will be based on Sanborn Regional data (Kingston, Newton, Fremont) over county, state or national data.

## When will our students be REQUIRED to mask?

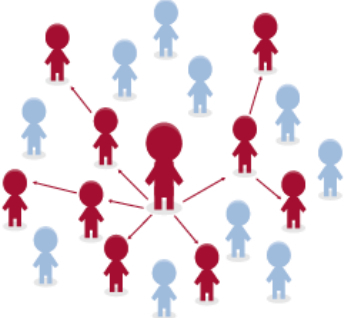
### Situation A: A sleepover or party before a long weekend

|  |                         |                         |  |   |
|--|-------------------------|-------------------------|--|---|
| <p><b>Sleepover or Party</b></p>  | <p><b>No School</b></p> | <p><b>No School</b></p> | <p><b>No School</b></p>  | <p><b>School Day</b></p> <p>Students in class are not required to mask because infected individuals have not been back to school.</p> |
|--|-------------------------|-------------------------|--|---|

### Situation B: A sleepover or party WITHOUT a long weekend

|   |                         |                         |  |   |
|---|-------------------------|-------------------------|--|---|
| <p><b>Sleepover or Party</b></p>  | <p><b>No School</b></p> | <p><b>No School</b></p> | <p><b>School Day</b></p>  | <p><b>School Day</b></p> <p>Students in class will be required to mask for 2 weeks because infected individuals have been back to school and exposed peers.</p> |
|---|-------------------------|-------------------------|--|---|

### Situation C: Grade Level or Wider Transmission

|   |   |
|---|---|
|  | <p>If a grade level is having transmission between and among individuals, that grade level would need to mask for two weeks.</p> <p>If a school is experiencing transmission between and among individuals, the school would mask for a period in addition to increased cleaning.</p> <p>If the district is experiencing an outbreak with widespread transmission, students will be asked to wear masks while the outbreak is assessed.</p> |
|---|---|